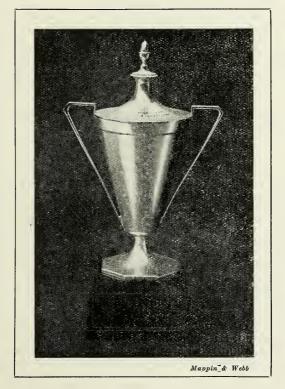
THE LATTER-DAY SAINTS' MILLENNIAL STAR

ESTABLISHED IN 1840



THE RUSSELL M MEN CUP

(See article on page 238)

No. 15, Vol. 97

Thursday, April 11, 1935

Price One Penny

THE WAY OF LIVING FAITH

By Elder Rulon S. Wells of the first council of seventy

Believe on the Lord Jesus Christ, and thou shalt be saved.

THERE is nothing in the Scriptures that is truer than this saying, Believe on Him and thou shalt be saved. But when we refer to belief on the Lord Jesus Christ, having faith in Him,

we mean a living faith, not a dead faith.

A living faith in the Lord Jesus Christ will secure salvation to every soul that believes on Him. It does not need any qualification, if we only have a proper understanding of what is meant by a living faith. In order to get a proper conception of it, it is well to hark back to that primeval day that we read of in the revelations contained in the Pearl of Great Price. Hark back to that time also that is referred to in the Bible when the Lord spake unto His servant Job, and said unto him:

Where wast thou when I laid the foundations of the earth? declare, if thou hast understanding. . . .

When the morning stars sang together, and all the sons of God shouted

for joy?

Where wast thou, Job, and where were we? We were in the spirit world, in the presence of our Father. And what was it that we were shouting about? It was the promulgation of the great plan of life and salvation that was made known to the children of God, begotten of Him in the spirit, before the foundations of this earth were laid, and consequently before we had received these bodies of flesh and bones. When we heard those glad tidings our hearts were filled with joy. It was a plan whereby we might go on to perfection. It involved the creation of this world; it involved the placing upon this planet of our Father's children in bodies of flesh and bones. It involved also the fall. It involved a redemption from the fall. It involved the earth-life experiences as the best and only means of educating and preparing ourselves to become the children of God, members of His household, His sons and daughters in the celestial kingdom That required a stupendous work, and it required someone to carry out the divine programme, and the question arose, "Whom shall I send?" And there was one like unto the Son of Man arose in that mighty multitude, and said, "Here am I, send me. Thy will be done, and the glory be thine forever."

That was Jesus Christ the Lord, our Elder Brother, the first begotten of our Father in the spirit. But there was another one in that mighty multitude, also a strong personality, a great power among our Father's children, who had been labouring to lead men and women away from God. He did not like the plan, for that plan was one of faith, one of repentance from sin, the only means of progress. He wanted none of that, but he said, "Here am I, send me. I will be thy son, and I will redeem all mankind, that one soul shall not be lost, and surely I will do it

Wherefore give me thine honour."

He was ambitious and he proposed compulsion, which is con-

trary to the will of God. Free agency is God's plan. Men must in the exercise of their own agency choose between good and evil

if they would make progress.

God said, "I will choose the first," and Satan grew angry—for that is who it was, Lucifer, a son of the morning, Satan, or the devil. He it was who rebelled against God, and he took after him one-third of the hosts of heaven. All this we can read in the Pearl of Great Price.

Now to accept of Him whom God did send is faith. To reject him whom God did not send, but cast out of heaven, is repent-

ance.

These doctrines of faith in God and repentance from sin are all-inclusive. That is the kind of Gospel that we have received. The Apostle Peter knew so well the meaning of all this when he declared:

We have also a more sure word of prophecy; whereunto ye do well that ye take heed, as unto a light that shineth in a dark place, until the day dawn, and the day star arise in your hearts:

Knowing this first, that no prophecy of the scripture is of any private

interpretation.

For the prophecy came not in old time by the will of man: but holy men of God spake as they were moved upon by the Holy Ghost.

That is exactly the condition that the Apostles of today proclaim. Scripture comes not by the will of man.

To keep the commandments of God of course requires faith. The keeping of the commandments means works of obedience, whereby we demonstrate whether our faith is a living faith and not a dead faith. A dead faith has nothing to do with our religion. We say that faith without works is dead. We do not mean a living faith without works is dead. There could not be a living faith under those conditions. Only a faith that manifests itself in works of obedience has within itself the power of God to the salvation of His children. So faith is all-inclusive, and likewise repentance is all-inclusive, for it has to do with everything that we have to do with. To reject him whom God did not send is repentance, and when we speak of rejecting him we mean rejecting his gospel, rejecting his plan, rejecting his sophistry, and his arguments—and there are many of them in the world to-day. It behooves Latter-day Saints to choose whom they will follow—Jesus Christ the Lord and His glorious Gospel, or the devices of the adversary that lead us away from God. Every sophistry and every sin and every allurement of evil is prompted by that evil one that was cast out of heaven. He is with us here. He was cast down and is right here, not in a body of flesh and bones; no, he did not fulfil his first estate, but he came just the same, though we cannot see him with our natural eyes. He has no body of flesh and bones, but he is here, and we feel his power and his influence. We see it everywhere leading men and women away from the truth.

"Resist the devil, and he will flee from you. Draw nigh to God, and he will draw nigh to you." To resist the devil is repentance. To draw nigh unto God is faith. Apply this to everything, to all of our actions, to everything that we do, our merchandising, our business transactions, our farming, our

pleasures, our dancing. There is a right way and a wrong way to do everything. When we do it in a right way those are the works of obedience, whereby we demonstrate our faith. do it the wrong way we are committing sin and we are called npon to repent. That is the substance of the Gospel. It applies to our politics, it applies to every problem that comes before us.

May God help us to carry on this great work by living in ac-

cordance with His divine will as it shall be made manifest to us through His prophets, seers, and revelators.—(Adapted from a sermon delivered at the 104th semi-annual conference of the Church of Jesus Christ of Latter-day Saints in the Tabernacle at

Salt Lake City, Utah.)

RUSSELL M MEN CUP

THE M. I. A. of Great Britain has grown so fast that it has now organized on a national basis such departments as Boy Scouts, M Men and Adult classes. The activities of these three departments thus far are very satisfactory, and the interest which is being shown is gratifying, so much so that it becomes a

DR. RAY M. RUSSELL

pleasure for me to be associated with the superintendency which is endeavouring to build character and develop leadership among

its members.

It is my vision of the future that club houses or recreation halls connected with the Church building will furnish a medium of better understanding and appreciation in the Young Men's and Young Women's organizations.

Associated with clubs and organizations in Great Britain is the membership card. With this in mind, last year I suggested that the two organizations have membership tickets printed, and inasmuch as the association funds were negligible, I had the tickets

printed at my own expense and arranged with Cellophane Ltd. to give blue and gold coloured cellophane for covers to distinguish the two organizations. This is an innovation, because as far as I know this has not been done before in any mission or branch of the Church, so that the British M. I. A. organizations may be setting the pace in this respect. Let me encourage all members to pay their membership dues, then the cost of the membership card and other incidental expenses could easily be met.

It is because of my great interest in youth, that when the subject of the possibility of an M Men track and field meeting at Kidderminster was suggested, and the matter of presenting a cup or trophy came up and I was approached about it that I was

pleased to purchase the cup.

It is my wish that this cup shall be retained by the district winning it each year for six years. It may be taken from branch to branch or it may repose in the hands of the district president of each district; but within six year's time the M. I. A. organization will grow to such an extent that they will have their own rooms or headquarters at the central office in London where, after the six years have finished, the cup can finally rest to give mute testimony of the physical activities of M Men in Great Britain. By that time someone else may offer another cup to perpetuate the idea.

This is my desire, and I give the cup under these conditions and I trust it will be an incentive to M Men physical

activities.

It has come to my attention in my work that it is a prime necessity to build a body to support the superstructure or brain which directs its activities. If the brain is a "Rolls Royce motor" and it is placed on a "Ford body," the oversized motor shakes the body to pieces. Many nervous conditions to-day are due to exalting the mental at the expense of the physical. A

diploma is no good in the dead man's hands.

When I was attending the Denver University, Dr. Lowell, president of Harvard university, spoke to the students, and he said, "the saddest things which I have seen on the campus are seniors who will be graduating within a month or two and who have lost their health in search of wisdom." We must develop our bodies to support our brains and nervous systems.

Let us, therefore, be active physically as well as mentally,

morally and spiritually.—Dr. Ray M. Russell.

[Note: The Russell M Men Cup, an annual trophy for M Men athletic competition, will be awarded to the district team winning the United Kingdom M Men track and field meet, Monday, June 10th, at Kidderminster. Events for the day will be the same as outlined for the district field meets in the M Men Achievement Contest.]

THE M MEN ACHIEVEMENT CONTEST

THE M Men Achievement Contest was announced in February as an activity for developing strong M Men departments in every branch. It is based on the prime objectives of M Men work—organization on a self-governing basis, participation and achieve-

ment in athletics, social functions, music and speech.

At this time we are pleased to announce that in addition to the challenge cup for annual athletic contests, Dr. Ray M. Russell of the Y. M. M. I. A. Superintendency has proffered to donate a handsome plaque as the award for the M Men Achievement Contest. The plaque (which is not to be confused with the Cup going to the district team that wins the national track and field meet at Kidderminster), will be presented at the Mission Honour Day Programme to the branch organization earning the most points on the contest described on the next page.

The M Men Achievement Contest closes May 26th.

M MEN ACHIEVEMENT CONTEST RULES

Organization

I. For every club registering complete organization during the contest, 1,000 points.

II. For every new name added to the roll during the contest, 50 points.

ATTENDANCE

I. For 70 per cent average attendance of enrolment during the month, 35 points.

II. For 80 per cent average attendance of enrolment during the month,

50 points.

III. For 90 per cent average attendance of enrolment during the

month, 75 points.

IV. For 100 per cent average attendance of enrolment during the month, 100 points.

Computations will be based on figures contained in the Y. M. M. I. A. Secretary's mouthly report.

ACHIEVEMENT AND PARTICIPATION

I. For every man passing the requirements of M Men rank-250 points. (Test found on page 152 of manual.)

II. For every talk delivered in an M. I. A. meeting by an M Man, 25 points. (Points given for only two talks per person.)

III. For every man participating in a branch drama or one-act play, 50 points.

IV. For every man participating in the Branch Music Festival, 25 points.

V. For holding M Men (or M Men-Gleaner) Banquet, 100 points.

VI. For entering a team of at least two qualified contestants in the district M Men track and field meet (only men who have passed the test are eligible, 50 points.

VII. For winning the district M Men track and field meet-1,000

points.

VIII. For second place in the district M Men track and field meet,

600 points.
IX. For third place in the district M Men track and field meet, 300 points.

The M Men track and field meet will be conducted as the feature of the activities of the district honour day, which should be held wherever possible on May 26th. The meet will be under the direction of the district Y. M. M. I. A. supervisor and his assistants. The following are the events for the meet: 100 yards dash, high jump, putting the shot, half mile run, running long jump, standing long jump, 440 yards relay, football kick from distance (regulation soccer ball kicked from ground),

running hot-step jump, 880 yards relay. Winners, times and distances in each event should be recorded in order that an M Men champion might be determined in each event. Regular A.A.A. rules will apply. Points will be won as follows: First place winners in each event (except relays) 5 points; second place, 3 points; third place, 1 points. For the relays: first place, 10 points; second place, 7 points;

third place, 3 points.

For further details concerning the contest consult your district Y. M. M. I. A. supervisor or write the Y. M. M. I. A. superintendency at 5 Gordon Square, London, W.C. 1.—M. NEFF SMART (British Mission Y. M. M. I. A. executive sectretary.)

LET'S TALK ABOUT PERSONALITY

By MILDRED BAKER

IV

WE now approach the third step in the ascent up the stairway to a charming personality. This third step is the physical plane. A charming personality is a result of a harmonious combination of mental discipline, emotional stability, physical fitness and other qualities which we shall talk about later, which betokens an inward beauty gleaming through such physical attributes as clear, clean, softly firm skin; bright, shining eyes; lustrons hair; well kept nails; neatly shod feet and a sweet, clean, well-groomed person. More specifically, personality is given physical expression through posture and the speaking voice.

The person who attracts, who possesses qualities of likeableness, almost always walks erect, head up, shoulders back. His graceful, easy carriage suggests confidence, courage, a cheerful optimism that never fails to evoke admiration. It implies glowing health, hope, a mental alertness. Good posture presupposes a pleasing personality. One is practically impossible without the other. Make this experiment some day when your are tired,

discouraged, worried or upset and see how it works out.

Stand before your mirror. Look at those sagging facial muscles, that listless expression in your eyes, the drooping head and rounded shoulders. A pitiful picture, isn't it? Now, inhale slowly, evenly, deeply. Exhale in the same manner. Once, twice, three times. Notice that head come up, those shoulders straighten. Ah! That's better, that's better. Now stand "tall," erect. Pull back those shoulders! Expand that chest! Hold up that chin and smile! Now look at those eyes! Bright, glowing eyes. Feel better? Of course you do. Can't help it. As an experiment, it's great fun. As evidence that physical condition affects personality development, it is important.

Personality also hinges closely upon the speaking voice. Perhaps more than any single quality, we are attracted or repelled by a person's speaking voice. Our voice tells an amazingly frank story about us as individuals. The poised, happy, well controlled person speaks in a quiet, well modulated voice that has a physiologically pleasing effect. The reverse is true of the impatient, cross, irritable, worried, fearful or angry person. Such persons have a harsh, strident, broken, unlovely voice. It induces irritation, resentment and resistance in others.

The quality of one's voice remains, for the most past, just about as it was given to him by nature, but that quality can be greatly modified by the way in which it is used. We can all help to cultivate a pleasant quality of voice, to employ clean cut enunciations by removing some of the common obstacles in our way. Common environmental influences that affect voice production adversely are noise and confusion. We can all contribute to the cultivation of quiet, calm talking habits within the family circle by eliminating or at least reducing the degree of noise and confusion that surrounds us. What happens when we all endeavour to talk at once or when we try to talk above the

(Continued on page 235)

THURSDAY, APRIL 11, 1935

EDITORIAL

WHAT IS GOING TO HAPPEN?

WHAT is going to happen? This question in one form or another has been asked during the last few days by every lover of international peace in Europe who has read the newspapers. To every student of international relations the future of the cause of peace appears anything but bright. Some of them declared that conditions affecting peace and war are now as critical as during the first half of 1914.

The conversations in Berlin of Sir John Simon and other British officials with Herr Hitler and other German officials on March 25th and 26th did much to clarify the points at issue in the peace situation of Europe, but apparently they did nothing to calm that situation. So the outlook appears more ominous than ever, for the problems to be solved before the prospects for peace can brighten seem to be more difficult than had been supposed. It was reported that Herr Hitler frankly stated Germany's demands and intimated that his Government would remain firm in insisting that they be granted before Germany would return to the League for the purpose of signing a general peace settlement.

The published accounts of the Berlin conversations were read with the deepest interest all over the world. The reactions were many and varied. But on one point all apparently agree—they poured no oil on the troubled peace waters. Will the meeting at

Stresa on April 11th do any better?

We refer to these things as indicative of the spirit of the times—the spirit of unrest, commotion, and trouble. And this spirit—we say it sorrowfully—seems to be abroad over the earth with ever increasing power. Was there ever a time in the world's history when brotherly love among men everywhere was

more needed than it is today?

Even if we were able to indicate specifically a solution of Europe's very complex problems, we should not attempt to do so because it would be wasting our breath; nevertheless, we do urge Star readers to cultivate in their own hearts the spirit of love for all men and try to get others to do likewise. If peace and righteousness ever come to our troubled world they will be brought by love and not by combat. Sincere believers in, and followers of, Jesus Christ, our Lord, will always love peace and will never be trouble-makers, nor sympathize with the efforts of trouble-makers. If the truth of these remarks be granted, it

will readily follow that a cure for the ills of the world is the genuine acceptance and practice of the teachings of Jesus.

But scoffers point to the fact that most nations today claim to be Christian, and wars have been going on at intervals among them for many generations past, in fact, ever since they accepted Christianity, as well as before. Their profession of Christianity made little, if any, difference in their warlike propensities. Obviously, then, Christianity is no cure for the war disease. We shall not dispute these claims. What then is the answer? To Star readers it is clear. The nations drew near to Christ with their lips but their hearts were far from Him. In other words, with the great majority of men conversion was, and is, only apparent, not genuine. The proof of the pudding is in the eating. A tree is judged by its fruits. In many respects the conduct of governments was very far from being Christian, i.e., the embodiment of Christ's teachings. It exhibited selfishness. covetousness, injustice, the doctrine that might right, etc.

Again, "thou shalt not kill," is a divine command. And war may involve wholesale slaughter. "How can a Christian nation go to war?" is often asked. In this writing it is not our purpose to justify or condemn war. But we assert that if the nations of the earth were truly Christian in practice there would be no wars among them. And so the cure for the war disease is genuine Christian conversion in both doctrine and practice. Then the sacredness of human life would be realized, the love of fellow men would be an actuality, and righteousness would rule the nations in all international affairs. Injustices and wrongdoing would at once disappear from the conduct of governments and the causes of war would vanish. Nations would soon recover from the conditions of distress and misery, so widespread at the moment. Then we should hear no more of armaments "for defense" and of "pacts for security."

Yes, universal righteousness would cure the world of its baffling troubles. Then why do not intelligent nations devote themselves to building up righteousness instead of "defenses"?

The duty of Latter-day Saints is clear. They have covenanted to serve the Lord, to live righteously and overcome evil. Let them do their duty, individually and en masse, and leave the rest to the Lord. He will then hold them guiltless in His sight.—Joseph F. Merrill.

DISTRICT CONFERENCE NOTICE.—The Birmingham district conference will be held in the Kidderminster branch chapel at Kidderminster, April 14th. President Joseph J. Cannon and Sister Ramona W. Cannon will be the principal speakers.

The Nottingham district conference will be held in the Leicester branch hall, Great Central Street, Leicester, on April 21st. President Joseph F. Merrill and Sister Emily T. Merrill and President and Sister Cannon will be in attendance.

NEW AID TO PROSELYTING

Sports Win Many Friends in South African Mission

SPREAD across the pictorial page of one of Sonth Africa's leading newspapers is a photograph of the Governor-General, the Earl of Clarendon, shaking hands with a row of about ten young men. Four of those men who are receiving the plaudits of the highest official of that land are Latter-day Saints. They are wearing baseball uniforms.

There have been many methods of making contacts by our proselyting elders, and baseball is proving one of the newest and most novel. In South Africa it is bringing saints into association with scores of new friends; it is tacitly telling thousands of people there that Mormonism means "more good" on the

athletic field as well as in the chapel and in the home.

Large dailies of South Africa are repeatedly printing stories about baseball and Latter-day Saints. Here is an excerpt from a full-page article in the *Cape Argus* about Don Mack Dalton, who was recently honourably released as president of the South African mission:

"Next week the 'Father of Province baseball' leaves Cape Town. He will leave behind him a lusty infant. Don Mack Dalton, Province's first baseball captain, the man who has done so much to put America's national game on Cape Town's sporting map, is returning to Utah, U.S.A."

Above the article are three large pictures, one showing a glimpse of the thousands of spectators watching the "Mormons" on the athletic field. The others are portraits of President Dalton.

Another article enlogizes Elder Stanford Smith, son of Nicholas G. Smith, president of the California mission and former presi-

dent of the South African mission:

"What the perfect try is to rugby and the six boundary hit is to cricket, the home run is to baseball. The Rosebank crowd wakes up with a roar when the ball meets the bat and soars 260 feet over the trees to the other side of the grounds. It is baseball's greatest thrill! And there is one particular person who can always bring that thrill. Both as a hitter and as an outstanding pitcher, who would make the grade in any First League American team, 'Stan' Smith is the hero of the Rosebank crowd. He is the Benny Ostler of baseball.

"He is the Bogey Man of all local batters. Not even Charlie Converse, the Cape Town 'Babe Ruth,' can get hold of the shaking, swerving balls that Smith unleashes. . . ."

The editor of this large newspaper requested Elder Smith to explain his athletic skill, and the story of his reply was a fullpage, illustrated article. A paragraph gave the keynote of his success:

"In Junior High School a disappointment came to me and my advancement in athletics was deterred for two years, for I was forbidden by my doctor from exerting myself in any athletic activity. My heart had been weakened by over-exertion. However, owing to my religious training. I have always been moderate in my habits and have abstained from the use of heart stimulants, such as tea, coffee, tobacco and alcoholic drinks, and my

heart became strong again.

This is only one of the several articles in which President Dalton, Elder Smith and other Latter-day Saints have told the Union of the supreme place the Gospel holds in their lives, and how its teachings have made them better men and women.

But baseball does not attract all the attention of the saints and missionaries in South Africa by any means. President Dalton points out that baseball practice comes only twice each week, and then only for a little more than an hour. All games are played Saturday afternoons. But in those few hours the game is opening the way for the Gospel message.

SIMILARLY in Britain there lies a rich proselyting field in athletics, and in baseball in particular. Newspapers here are continually publishing articles on the new game, and many of the leading rugby and football players anticipate playing the game this summer, according to reports.

Then too, civic officials are introducing the sport for the working man and the unemployed. It is a good diversion for leisure time. An excerpt of an article recently appearing in the *Daily*

Express stated:

"A Liverpool city councillor offers the unemployed of Manchester the thrills of an American baseball tournament without any cost to themselves.

"Councillor John Moores has done this much for the Liverpool unemployed. Now he wants Manchester to have a similar op-

portunity.

The Mutual Improvement Association of the British mission is planning for softball (baseball played with a ball which does not require the use of gloves and other paraphernalia) competition in every district this spring and summer. There is an opportunity of inviting onlookers to join in the game and after that in the other M. I. A. activities.

And so here lies a new field for Latter-day Saint pioneering

and proselyting.—Wendell J. Ashton.

LET'S TALK ABOUT PERSONALITY

(Concluded from page 231)

wireless. Our voices become high, shrill, harsh, grating. We can attune the wireless to a softer tone. We can wait until there is an opportunity to be heard, to tell what we have to tell. Courtesy and personal consideration will provide ample opportunity for all to do a share of talking. We can refrain from unnecessary slamming of doors, dragging of chairs across the floors and from making other common household noises. And we can ponder over this thought. Happy, contented people invariably speak in lower, softer, sweeter tones than those who are not happy or contented. If you find yourself shouting at the children about tea time or near bed time, it may be because you're tired, over-tired. A sufficient reason surely for impatience. Yes, but not a sufficient reason why you should give way to

your emotion, be dominated by your physical condition to the point where you feel the necessity of shouting and in other

ways disrupting the morale of the family circle.

Perhaps you've noticed that when you're cross and irritable, the children seem more difficult to handle and that that is the time when most "scenes" occur. Your instability is clearly evident to your children and they unconsciously partake of it. You will, under the circumstances, need to avoid overtaxing your physical strength by unnecessary strain or overwork. Work is a glorious privilege, and to be reasonably tired at the end of a good day's work is a healthy condition; but fatigue from overwork, driving one's body beyond its physical endurance is grave folly and inconsiderate of the other members of your family who must either submit to your irritability or retaliate by giving way themselves.

Everyone can learn to exercise control and moderation in physical activity and direct physical expression into channels that lead to ever greater opportunity for development of personality and charm. Cultivate constructive physical habits of good posture, carriage, voice and charm of personal appearance, order and system in your home and you will have ascended the third

step up the stairway to a charming personality.

FREE STATE DISTRICT CONFERENCE

I LSTER and Dublin districts were combined under a local presidency to form the Free State district following the annual spring conference of the latter district in Dublin on Sunday, March The motion of President Joseph J. Cannon was unanimously approved, and Brother Benjamin R. Birchall and Brother Christian Steele were sustained as district president and first counsellor, respectively. A second counsellor will be named later.

During the service Brothers George Mogerly and Thomas Bourke and Sisters Laura Dimber and Horlacher Gertrude bore testimonies of the divinity of the Gospel.

In the afternoon, President Cannon gave an inspiring talk on the pre-existence of spirits, and Elder John L. Van Orman bore his testimony. In her talk, Sister Ramona Wilcox Cannon, president of the British Mission Relief Society, commended the Free State sisters on their faithful work. Sisters Lena Holacher, Louisa Steele, Mary Mogerly and Maggie Horlacher gave essays pertaining to Relief

Society work.

Following the afternoon services, the brethren and sisters divided for meetings of the Relief Society officers and the Priesthood. Brother Dimber was ordained an elder by President Cannon at the same time.

Speakers during the evening included President Cannon, who told of the workings of the spirits and the visitation of Elijah to restore the keys of "turning the heart of the fathers to the children, and the heart of the children to their fathers"; Elder William A. DeHart, who bore his testimony, and President Birchall, who related his exexperiences in joining the Church.

Vocal selections were rendered during the day by Sister Ena

Birchall.

There was a large attendance at the conference, and all of the saints viewed the merger of the two districts with enthusiasm.

Benjamin R. Birchall District President

OF CURRENT INTEREST

March—The month of March—named for the Greek god of war, Mars—will go down in history as the month, in 1935, when the Great Powers of the world frankly abandoned all hopes and pretenses of the post-war peace period and openly declared for rearmament.

Japan's and Italy's military expansions were least exciting, because their motives, Manchuria and Abyssinia, are most obvious.

Soviet Russia has practically doubled her world's largest standing army from a half million to

nearly a million men.

France's 1935 defense budget, £158,500,000, is the largest peacetime appropriation in her history. And her army conscript period has been extended from 12 to 18 and 24 months.

Germany, casting to the winds her last semblance of obedience to the Treaty of Versailles, has called for a conscript army of half a million men, and openly admits that her arms factories are working vir-

tually on a war footing.

Britain made her rearmament move, after long reluctance, in the determined White Paper of March 4th, which called for substantial increases in the budgets of the Army, Navy, and Air Force to rehabilitate her depreciated and obsolete war machinery.

With only two exceptions, "national defense" was given as each government's official reason for rearming, but that has not minimized the exciting spectacle of seven major nations simultaneously girding themselves to fight on land and on sea, and in the

air.

The U. S. Senate and House of representatives have passed a War Department bill, now pending the President's signature, calling for rearmament expenditures of £151,000,000 to modernize her de-

fense equipment.

Flight—Another record for flight between Australia and England has been established by Harold Leslie Brook, 37-year-old Harrogate accountant. He recently flew from Australia to England faster than any other man, flying alone, had ever done—seven days, nine-teen hours, fifty minutes. In the England-Australia £10,000 race Mr. Brook took 30 days to cover the

same distance.

Bread—In answer to testimonials from film stars that they derive and maintain greyhound figures from eating white bread exclusively, the editor of New Health, in the February issue, makes this significant statement: As a people we are degenerating on the basic diet of many working class families, which consists largely of white bread, cheap grades of margarine without supplementary vitamins, little meat and bacon, inferior jam, pastry and strong tea. In that devitalized cycle there is hardly a single living food substance. The replacement of white bread by wholemeal would provide fundamental element in a dietetic revolution in which dairy produce, fruit and vegetables would share honours."

Bananas — Scientists have discovered that banana slices immersed in grapefruit juice will keep almost indefinitely. Pineapple juice proved almost as effective. A dipping in either of the juices will restore the colour of bananas that have been darkened by exposure. A solution of cream of tarter will do the job just as

effectively.

Trees—Which trees are likely to be struck with lightning? Which least likely to be struck? For the past three years Mr. S. T. E. Dark of the South London Botanical Institute has conducted a census of lightning-struck trees throughout the English countryside in the hope of finding a reasonably accurate answer to those questions. Oaks, discovered, are lightning's targets; then favourite elms. pines, poplars, willows and ashes. Dash found not a single birch, beech, horse-chestnut, or holly that had been scarred by He advised Britons lightning. caught in storms, if they insist on seeking shelter, to select a holly bush or a clump of small beeches for refuge.

FROM THE MISSION FIELD

Arrival and Assignment—Elder Victor L. Bingham of Vernal, Utah, arrived in London March 20th and was assigned to labour in the Ulster district.

Release — Elder William Mack Harvey was honourably released from his duties as a missionary

on March 25th, having laboured in the Notingham, Sheffield and Norwich districts. He will sail on the s.s. Manhattan, April 11th.

Doings in the Districts: Liv= erpool — Elder Wendell J.Ashton and Brother Fred Bradbury spoke before the Young Men's Class of Brunswick Methodist Church of Burnley on Sunday, March 3rd. Brother Bradbury dis-cussed the subject of the"Mormon Conception of the Godhead," for half

an hour, after which Elder Ashton answered the many questions asked by the members of the audience.

On the evening of the same Sunday Elder Ashton lectured before the Blackburn Secular Society. After a forty-five minute discussion of our message by Elder Ashton, the members of the Secular Society asked questions for approximately two hours. The members of this society showed a keen interest in the Gospel, and invited the elders to return the following Sunday.

The theme of the Birkenhead branch conference, held Sunday,

March 10th, 1935, was "Life's Purpose." The morning session was devoted to short talks given by representatives of each of the auxiliary organizations. President Joseph F. Smith, Jr., was the principal speaker in the evening meeting.

Cottage meetings are being held weekly in the various branches of

the Liverpool district with very good results. These meetings are well attended by members and friends. Usually there are one or two short talks by the elders or members, and then the balance of the time is turned over to the discussion of questions and problems pertaining to the Gos-

Eighty-six children were gathered by Elders Stephen R.Murdock and Philip J. Badger for the opening Primary meeting of the

Birkenhead branch, Wednesday, March 13th. The children were shown amoving picture by Brother J. Graham Fyfe and given instructions by Sister Doris Allison Primary president.

A short play, recitations and musical numbers provided the entertainment at a Blackburn branch Relief Society social in the branch hall Saturday, March 16th. Sister Belle Blackburne, president, was in charge.

The Teuth Article of Faith was the theme of the semi-annual con-

An Anniversary

There was a bustle of activity in a picturesque chapel in Kidderuinster of Worcestershire on Whitsuntide a decade ago. Singing a happy song, men and women polished furniture, cleaned the floors and dusted the walls. They were members of the Church of Jesus Christ of Latter-day Saints, which had purchased the chapel from the Countess of Huntingdon. They were preparing the chapel for its dedication by Apostle James E. Talmage, president of the European mission, the following week.

Today they are renovating the chapel again. They are carrying paint and polish through the doors. They are preparing for the first mission-wide M. I. A. Youth conference at Whitsuntide.

The stage is being set for three never-to-be-forgotten days when the roses bloom in Kidderminster.

ference of the Blackburn branch Sunday, March 17th. Elder William F. Homer directed the auxiliary programme in the morning and District President Joseph Fielding Smith, Jr., delivered the principal address in the evening.

Newcastle—More than 200 saints and friends gathered at Old Shildon Workmen's club hall for a dance sponsored by the Shildon branch M. I. A., Wednesday, March 6th. Several novelty dances enlivened the programme, directed by Elder Horace Hulme and Brothers Alex Morris and Watson Cowling.

A lantern lecture on "Scenic Western America" was given by Elder Horace L. Hulme before a large gathering of saints and friends of the Shildon branch at the Shildon Workmen's club hall, Monday, March 11th. A similar lecture was given by Elder Elvon G. Jackson before a Middlesborough branch gathering at the Empress assembly rooms Wednesday, March 13th.

Manchester — Manchester district's first Boy Scout organization has been formed in the Bolton branch under the direction of Elders F. W. Gunnell, L. W. Thomas and K. M. Macfarlane. Approximately 15 boys are attending the meetings, supervised by Scoutmaster James Martindale.

Nottingham — A one-act play, "Repairs While You Wait," by the Nottingham branch dramatic society was the feature of a branch social for the building fund March 2nd. Fifty persons attended the affair, planned by Brother E. Sidney Robinson and Miss Marion Clements.

A cottage meeting at the home of Sister Rhoda Stout of the Nottingham branch was held under the direction of Elder Joseph H. Stout, Tuesday, March 5th. Elders Farron E. Cutler and Heber I. Boden were the speakers.

The home of Sister Frances Buxton of Eastwood branch was the scene of a cottage meeting Wednesday, March 13th, Elder L. Dean Hickman and Brother William A. Berry being in charge.

Plays, "Aunt Matilda's Collar"

and "Unawares," by the Gleaner girls and Bee-Hive girls, respectively, featured the M. I. A. social in the Eastwood brauch hall under the direction of Elder George Sidney Smith and Ada Hill, Saturday, March 9th. Refreshments were served under the supervision of Sister Ivy Fletcher.

A social for the benefit of the impending Nottingham district conference was held in the Eastwood branch hall, Saturday, March 16th, under the direction of Sister Rhoda Tinson. "Neighbours of Gooseberry Court," a play presented by the Mansfield branch, and a play by the Eastwood Bee-Hive girls, contributed to the programme, followed by refreshments served by the district Relief Society officers.

London—There were 123 persons present at the Primary conference in Southwest London branch, February 17th. Sister Alice I. Tarr and her co-workers supervised the programme of songs, recitations and a tableau which was presented by the Primary children.

Norwich—Bee-Hive girls and Boy Scouts of the Lowestoft branch combined Thursday evening, March 7th, to sponsor a successful social in the branch recreation room. Musical numbers, recitations, and sketches made up the interesting programme, which was followed by refreshments. Beekeeper May Coleby and Scoutmaster Charles Runacres were in charge.

A concert and social evening was given by the Lowestoft branch Relief Society, Monday, March 18th, in conjunction with the Relief Society anniversary. Sisters Ivy Upson, Alice Coleby and Gertrude Belton were in charge of the affair. Sisters Gladys Walpole and Muriel Upson rendered some entertaining musical numbers.

Scottish — Sister Christina Mc Court was crowned queen at the annual Gold and Green ball of the Edinburgh branch Friday, March 8th. The coronation was officiated by Councillor Mrs. Miller, who was a guest along with Mr. Miller. More than one hundred persons enjoyed the affair.

Sheffield—A large gathering of children attended the Sheffield branch Primary conference Sunday, February 10th. The programme was planned by Sisters Rita Hardy, Mabel Bailey, and Arvilla Smith. Children provided several musical selections, along with short talks and recitations.

Rawmarsh branch held its first

Primary conference in history Sunday, February 17th, with several children taking part on the inspiring programme.

The Woodhouse neighbourhood Primary conference, Wednesday, March 13th, proved a spiritual feast for the children and adults. A cottage meeting followed the conference.

THE RESTORATION

REJOICE! The Lord again doth speak
To man on earth: the dawn doth break
With truths which long have been concealed.
Angels again descend to earth
With tidings true of priceless worth;
The Gospel, now to man revealed.

Long hath the darkness held its sway On minds of men. Now comes the Day! Ye latter days, your glories spread! Rejoice O earth! Your Lord revered In brightness hath again appeared— Rejoice ye, too, ye righteous dead!

Again the Priesthood is restored With power to say: "Thus saith the Lord." To bind, or loose, in heaven and earth. Rejoice, O Israel scattered wide! No more shall mockers you deride, Your sorrow shall be turned to mirth.

Ye Gentile nations, give ye heed!
Place not your faith in man-made creed,
Nor powers usurped by sinful men.
"Joseph shall be My servant true,
A seer and prophet unto you,
To set My Kingdom up again."

My faithful servants shall go forth
To preach repentance o'er the earth
Ere righteous judgment shall descend.
Repent, and heed the warning voice,
Then shall your hearts indeed rejoice
With bliss which doth earth's joys transcend.

NORMAN DUNN, Handsworth Branch

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